

# Additive

*Adding Value to Lives*

Annual Newsletter

Issue No. 8

## From the Director ...

"In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning". *John 1:1-2*. God always speaks to us through his word. It is His word that comforts, strengthens, encourages and heals. God reminded us again in 2016 about the Power of His Word. His Word gives us hope to face our tomorrows. *Romans 5:2-5* "...And

we rejoice in the hope of the glory of God. Not only so, but we also rejoice in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope, and hope does not disappoint us..." When we go through suffering or any difficult time we are exhorted not to harden our heart but just ask Him to teach us what He wants us to learn.

God is teaching us in various ways. We continue to trust that He knows everything and He has chosen us when we were in our mother's womb. When God chooses someone He fulfills what He wants to do through that person's life. Even if we run away from Him, He will follow us and reveal to us that He is in control of everything. His word is true and His promises are yes and Amen. Whatever He promises for us, He will do it. When God promised, "I will be with you always", He will be with us. There's no doubt about it. His favor will be upon us. If God's favor is not upon us we will be nothing. We see in the Bible, God's favor was upon His chosen people like Nehemiah, Joseph, Moses, and many others. With God's favor upon their life, they were able to do great things for God.

We saw God's favor in our life many times over the last one year. We also had many people who made promises to us and were not able to keep their promises but God promised His favor will be upon us and we saw the fulfillment of God's promises. We saw God's favor in the ministry.



We are really encouraged to witness God's life changing touch in the lives of many people. Everyone who came to Abhayam has had an opportunity to very clearly hear about God's sacrificial love. *Isaiah 51:10-11* "as the rain and the snow come down from heaven and do not return to it without watering the earth and making it bud and flourish... so is My word that goes out from My mouth, it will not

return to Me empty". We believe He fulfills the plans in every person's life. The year 2015 was challenging for us as a family. We struggled so much with health concerns. In July, When Albert was in Orissa for a meeting during a session he fainted. In the same month when we visited an Island Nation, he had high fever and fainted again in the bath room. Laly, Isaac and Jonathan also struggled with dust allergies and breathing difficulties. But none of this stopped us from doing His work; He strengthened us and used us. We thank God for His protection, healing and provision. God promised to us from *Isaiah 58:11* "The lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well watered garden, like a spring whose waters never fail". We cling onto His promises. Nothing compares to the promise we have in HIM.

Other challenges include innumerable enquiries from Govt. departments, but God took control over every circumstances. Abhayam belongs to God, it is His work, we are just an instrument in His hand. God's favor was upon us throughout. God opened new places for us to minister. We praise God for His work and for using us to be a blessing to many people though our outreach programs, concerts, one to one counseling sessions and our Rehabilitation homes.

- Albert, Laly, Isaac & Jonathan



Pray for the various ministries

- Men's Home
- Ladies Home
- Pakal Veedu
- Music Team
- Awareness Programs



*For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope. Jeremiah 29:11*

I thank God for this great opportunity He has given me to share what God is doing through the ministry and my personal life. Abhayam is a home especially for people who are struggling with different kinds of addictions. Everyone who comes to Abhayam have stories of hurt, pain, brokenness, rejection, sadness and loneliness. But God can change their life and fill them with His abundant love, broken hearts are mended, His comforting presence go with them when they are lonely. It's amazing to see lives being changed and made new by the Power of His Spirit. I praise God for the privilege of being part of this ministry to be a blessing to many individuals. Continue to keep me in your prayers.



*Sujit Kumar Lima, HOD, Abhayam*

It is a great honor for me to share God's work through my life and my ministry. Our God is a miracle working God, and we see His miraculous work every day. Those who seek His face, He will answer and deliver them from whatever situation they are in. I experienced that in my personal life too. God gives me privilege to pray and minister to these dear ones who are struggling with different kinds of addiction. {We welcome Santha Kumar, who has joined us as staff from May 2015.}



*Santha Kumar, Centre Manager, Men's Home*



*Joshua Varghese, Center Manager & Head, Music Ministry*

First of all I want to thank God for His mercy and grace without which I would not have been here. It's been three years now. Time has flown by, I want to thank Abhayam and all the people who supported me through this journey, friends and family because of whom I am able to involve in the ministry of rehabilitation. I just want to quote a verse from Ephesians 1:3,4 'Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, just as He chose us in Him before the foundation of the world, that we would be holy and blameless before Him'. In love... I believe God brings people into our lives. I got the opportunity to interact with many people here in Abhayam.



*Congratulations!*

SUJIT KUMAR LIMA  
got married to  
SUSHMITA PARVA PANI  
on 23<sup>rd</sup> May 2016 in Odessa.  
We had s Reception on 12<sup>th</sup>  
June 2016 at the  
Living Hope Community  
Church.

We welcome Sushmita,  
who has joined as Trainee  
staff at the Ladies home.

The word of God says in Luke 19:10 " for the son of man came to seek and save the lost". The Lord had delivered me from the clutches of the enemy and taught me his plan and purpose for my life. God fulfilled my heart's desire and brought me to Abhayam to serve him. It is not an easy place because we see many broken lives come and share all their burden. But by the end of the program, we see great joy and purpose in their life. We know very well that this is only because God is working in their life and God is in control of everything on this earth.



*Lydia Lakshmi, Centre Manager, Ladies' Home*

**Testimony...** My Name is Dayanand. I came to Abhayam in a very bad shape. I used to drink everyday. Once I'm drunk, I would be very violent & abusive. I did not care for anyone and also never bothered to look after myself. In the process I even broke my leg and did not take care of it. I still struggle with my leg. After I came to Abhayam, initially I did not want to be here. God began to work in my life very slowly and firmly. I decided to believe God for a miracle. My life steadily began to get normal. I started to enjoy my life after a very long time. I stayed with Abhayam for seven months. I went back home a transformed and new person. Currently, I am involved with my church. My family is very happy with me now. I do not get aggressive and have no craving for any substances. Jesus is now my Joy and my life. I thank God for giving me another opportunity. I have dedicated my life to help others in need. I thank Abhayam for all the help.



At Abhayam as part of our work therapy, We make different craft item. Members are engaged in making different things like newspaper bags,

**Awareness Programs.** As part of our outreach effort, the Abhayam team could go and conduct sessions on drug addiction and alcohol awareness programs at some of the following locations in the city: \* Baldwins Girls College \*Cathedral High School \*St. Joseph's Commerce College \*CSI Christian School Salem \*YMCA Youth Club Salem \*Tribal village in Ooty \*Slum community behind Manyatha Tech Park \*World vision projects \*Pastors training

designer pens, sling bags with clothes, apron, pot holders, paper mash, hair band and earrings etc. We take order for weddings and other occasions. Whenever opportunity permits we put up stalls and display our hand made products for sale. Engaging in such therapeutic work not only inculcates a certain level of discipline but gives a sense of purpose to members. We wish to extend our gratitude to organizations that have supported us in this endeavor in the past year. The Principal, teachers and management of Clarence school for allowing us to be part of their annual carnival, Diya foundation for opening their facility to do the mini charity bazaar, for inviting us to be part of it. UB city mall management, Bangalore school of Music, Trinity Acres and woods extending their invitation for us to participate at their Christmas celebrations and allowing us to put up stalls.

PHOTO GALLERY (speaks more than words)



Awareness Programs

Baldwins Women College

YMCA Youth Club, Salem



Thank you EAST PARADE CHURCH for the lovely T -Shirts.



Playing Cricket at XLR8 – Thank you Aldrin Bogi and Biblica .



Visit to the FARM – Thank you Pradeep Manohar

Albert received an MBA in NGO Mgmt from Acts Institute



Go – Karting !!!!

Independence Day Celebrations at the Men's Home – Aug. 15<sup>th</sup>



Bangalore Baptist Hospital – Session on Addiction...



After a concert at Chai 3:16

CSI Christian School, Salem



ABHAYAM SUNDAY – Koramangala Methodist Church



Mysore trip - the whole team went on a 2 day trip.



Krishna



Abharam

Left for their eternal home

"A warm smile is the universal language of kindness". – William Arthur Ward

## MUSIC MINISTRY



In the past four years we have got many opportunities to minister through music in different places. People who came out of addiction were interested in music and they joined together and formed "The Abhayam band". Through this platform they are able to create awareness about the consequences, of addiction and share their own testimony of how God delivered them from addictions. Music has a very important role in the rehabilitation at



Abhayam. We have a compulsory guitar class for all our members at the center. Music impacts each person differently. We thank Job Arun, Michelle Nohro, Ben Timothy Babu, Nikhel Shyam, Aakash Pradeep, Col. Stanley Ruben, Sujit Kumar Lima and Joshua Varghese.



**KFC (Kids For Christ) – Abhayam Kids Band...** Last year, some of our children got together and formed a kid's band calling themselves, *KFC (kids for Christ)*. God opened doors for them to minister in different places. Abhayam and *KFC* sang at UB city mall in December 2015. They were able to share their testimony to people who came to shop. They also got to sing at St. Joseph's School, Lisa's Home, and minister to others in Marthahalli and Jalahalli area. We also thank Maria Ann Philip for the special Songs. We also thank the Parents – Anu & Satish Varghese, Divya & Jonathan Anchan, Yiro & Ningshem Thothar, Vinita & Aby Chacko and Letha & Umman John



## 26<sup>th</sup> June – International Day against Drug Abuse



**LET'S DEVELOP**  
OUR LIVES  
OUR COMMUNITIES  
OUR IDENTITIES  
**WITHOUT DRUGS**

We got an opportunity to stand in central part of the city and give out pamphlets to create awareness in the city. A big Thank you to the many friends who came and volunteered in the distribution.



## LADIES HOME

Bangalore has more women addicts than men. Pray that our Ladies home will have many more women who come to get delivered from their addictions.



**Thank you!** to all our friends and well wishers who stood with us. Continue to pray, support and participate the way you can. God is opening new doors for us to work, we need guidance, finance and people to work with us.

Do find time to visit us, individually or as a group.  
Get in touch with us for details

## DAY CARE

**"Pakal Veedu"** "I wait for the meeting every month. This is my only outing". "I don't want to miss being there". "I love the food & the hospitality". These are some of the responses of our regular members. We are praying for more "Pakal Veedu" meetings in the city. We need volunteers to pick up elderly who're alone at their homes. Pray for members to join the meetings. Pray also for the health of every elderly person.



## PRAISE & PRAYER

Please donate your old guitars to us. We have a regular guitar class for all our members. Also donate your old vehicles, furniture, electronics, clothes, computers.



**Pray for...** for the various ministries, that we would make a difference in the lives of those in need.

- for new opportunities in schools, colleges and corporates to conduct awareness programs
- the Day-care for the elderly, for wisdom, guidance & committed staff .
- for the Team –Sujit, Joshua, Santha, Lydia, Sushmita, Laly & Albert for their health and all their monthly needs to be meet.
- for our own facility on our own land. Pray for the needed finances
- Thank God for the opening in the Island Nation. Pray for all the logistics and the needs.

**Cheques / DD in favor of 'ABHAYAM'**

SB A/c. No.64018867365 Name: ABHAYAM  
State Bank of Mysore, HBR Layout Branch.  
IFSC Code: SBMY0040652